

Playground Levelling in Njiro, Tanzania



Praise the Lord!

It is with great joy and gratitude that I write this article for the support we received in 2022 from the Congregational funds to do the levelling of the playground and pavements on the pathways at Notre Dame School, Njiro, Tanzania.

Active bodies result in active minds and souls. This is possible through sports and games activities at school.

In today's lifestyle following the reality of the growth of technology and AI, it has become so difficult for most children to engage themselves in games which activate their bodies and instead they find themselves spending more time on screen games like on TVs watching cartoons and on smart phones playing games. Through the grants we received we were able to do the levelling of the playground and made fields for various ball games such as football, basketball, volleyball and netball pitch. This has helped to improve the physical health of the children and sharpened their brains to better performance in academics.

It has also contributed to increase the interest of the students to play various games and a safe place to play since the ground is levelled and hence reduce the various injuries to the children as it was before levelling of the playground.

The school has house tournaments four times a year in which the students participate in various out door games and the award is given to the winning house at the end of the year. This helps to develop the talents of the learners in the various games and promote competition among them. As part of motivation to children engaging in sports and games has also made the school environment attractive and hence more students joined our school.

Children have clean and safe places to play because during rain seasons our playground does not have water ponds as before.

Thank you so much for the support we received.

Sister Mary Gladness, SND