

Empowering Youth with Skills as one of the Jubilee activities



In a beautiful gesture of love, mentorship, and hope, the Sisters of Notre Dame in Mpala, Uganda, recently opened their doors to the young people of the community for a day filled with learning, laughter, and connection. Centered around the inspiring theme "Empowering the Youth: Hope for Tomorrow," the event aimed to plant seeds of confidence, creativity, and purpose in the hearts of the next generation.

The day began with a warm welcome as the sisters invited the youth into their space, not just physically, but spiritually and emotionally. With open hearts and kind smiles, they sat down for meaningful conversations, listening to the dreams, struggles, and questions of young minds. They spoke about the importance of values, faith, and self-belief in shaping a better tomorrow.

As the day unfolded, the sisters guided the youth through practical things like baking cakes, handicrafts, and other creative skills. For many, it was their first time trying these activities and discovering a hidden talent.

But it wasn't just about learning skills; it was also about having fun and building relationships. The afternoon was filled with lively games, group activities, and laughter, allowing the youth and Sisters to bond beyond titles and roles. From relay races to storytelling circles, every activity was a reminder that joy and hope are powerful tools for empowerment.

Throughout the day, the youth were given the chance to truly get to know who the Sisters of Notre Dame are, not just as religious figures, but as mentors, teachers, and compassionate women who have dedicated their lives to serving others with love.

As one young participant shared, "I came here not knowing what to expect. I am leaving with new friends, new skills, and a new sense of hope."

The event closed with a heartfelt message: empowering the youth is not just about teaching them skills, but it is also about showing them that they matter, they are capable, and they have a future full of promise. And with the unwavering support of the Sisters of Notre Dame, that future is already taking shape.